



It takes a leader to set priorities and accomplish goals. It also takes a leader to be able to guide his team to be able to perform to their optimal level. A leader should know when & which team member to Coach or give Feedback.

What is a course in Performance Coaching & Feedback? It is a module that is typically offered to first time leaders/managers. It focuses on developing their Coaching & Feedback skills.

After completing this course, learners are able to identify the need of Coaching or Feedback within their team. They learn techniques for been and effective Coach & also the skills needed to give effective Feedback. By making use of case studies, they are able to learn from the successes and failures of other professionals and apply these lessons to their own careers. By the end of the program, they will be able to overcome challenges they face in being an effective Coach or in giving an constructive Feedback.

Unit.	Unit	Unit objectives
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1	Pre – Read	Coaching
		What is coaching?
		The life Coach Process
		Characteristics of an Effective Coach
		Motivational Coaching
		Mentoring vs. Coaching
		The Personal Brilliance Model
		Core Coaching Skills
		Listening Skills
		Qu <mark>estion</mark> ing skills
		Leadership
		The Role of a Coach
		GROW model
		FUEL model
		PSSAM model
		Feedback
		What is Feedback
		Misperception of Feedback – Demystifying the Myths
		Types of Feedback
		Purpose of feedback
		Benefits of feedback
		Continuous feedback
		Challenges in giving Feedback
		Mistakes while providing feedback
		3 Steps Feedback Model
2	Classroom Day 1	Case studies & role play of coaching
3	Classroom Day 2	Case studies & role play of feedback